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Maintaining a Positive Attitude!

Last month, I got a fortunate opportunity to listen to a speech given by the Nebraska State Jaycee President, Brian Finch. In that speech, he made note that there are a lot of stress that fills our lives. Whether its stress found in work, our home life, or our Jaycees lives, "things just happen." What's amazing is that sometimes these things that just happen tend to occur all at the same time, almost as if the world has a mounting score card against us today. Many of these things-we can't control.

What we can control is how we respond to those situations. Are you the type of person that becomes pessimistic, gossiping or complaining about the situation or people? Are you the avoidant type of person who shuts down all communication rather than attempting to resolve the problem? Are you the reactive type of person who completely gives up or resists the situation or people around you?

Or are you a leader?

Are you someone who believes that mistakes occur only to teach each of us a lesson and grow as a person? Are you someone who looks to the positive to each event? Are you the type of person who uses the situation to get closer with those around you, building a stronger team? Are you someone who believes that, no matter what, you will make it through this a better person?

The very interesting thing about attitude is that it's like a snowball rolling down a mountain. Have you ever realized that when you have a bad morning, the whole day or week just gets worse? Or when you are completely "in the zone" and getting things done, everything just falls right into place. Attitude creates momentum, either in a good direction or in a bad direction...and it gains speed as it goes down that mountain. If you're going down the wrong mountain with negative attitude, it's time to stop and CYA as Matt Booth would say (inspirational speaker and goal coach). Check Your Attitude!

It is within your attitude that strengthens or weakens you as a person and a leader. Do you chose to be strengthened by situation... or be weakened and buried in the snowstorm? What is your attitude?

Tami McDowell, President
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6th Annual **TOYO!** TEENS Awards

Emily Chen: Emily is the founder of Creating Connections Chinese School, which teaches native born Chinese children the Chinese language and culture. After learning Chinese for twelve years, Emily wanted to spread her knowledge to the young adopted kids about their forgotten culture and language. Aside from the language, Emily also introduces the traditional Chinese holidays and customs.

Anna Jo Cowan: Anna has been involved in community service and action projects since she was in third grade. On March 30, 2009, her father was killed by a drunk driver, Anna Jo began educating community members about the lack of a dram shop law, which makes a business who sells alcoholic drinks and serves liquor to a drinker who is obviously intoxicated, strictly liable to anyone injured by the drunken patron.

Faith Hoppen: Faith began and organized a winter wear drive at her school that benefited over 100 people from a low income housing development with coats, hats, boots, scarves, and gloves. In addition the Senior class visited the families receiving the coats at the Hope Center, which was motivating to see the smiles on their faces and the impact they had on them.

Mikaela Kelly: Mikaela began volunteering for the American Cancer Society at age ten to support family and friends who had battled cancer. In 2010 she chaired an American Cancer Society event called the Omaha Youth Relay For Life, which is an overnight community event dedicated to celebrating the lives of cancer survivors, remembering those we have lost to cancer and individuals fighting against cancer.

Claire McKamy: Claire has been volunteering at the Mission of Hope Ministry shelter, known as MOHM's Place, once a month for the past four years. At MOHM's Place she sees newborn babies to adults in their 70's where she wants them to know that someone out in the world cares for them and feels they are important.

Monica Meeks: Monica decided to start a club at Duchesne called the "Locavores." The club shows films and brings in speakers to raise awareness of how local foods increase health, build community and help the environment. As part of the club, Monica started a garden plot at the Gifford Park Community Garden, where most of the produce grown is donated to needy families in the neighborhood who lack access to fresh produce because many times it is too expensive for them.

Hannah Mergen: At age twelve Hannah began volunteering at Munroe-Meyer Institute for the volunteer program, Camp Munroe, which is recreational day camp program offered for children and youth ages 2 ½ through 21 with developmental disabilities including Autism, Cerebral Palsy, Down Syndrome, Spina Bifida and/or genetic disorders.

Mari Meza: During her Junior year Mari began to volunteer at Children's Hospital on a weekly basis. Mari is able to help many children by playing with them, reading books or wrapping Christmas presents so that each child receives something special during the holidays. Even though the kids are sick, it does not mean that they can't do normal activities. She realizes that when kids are enjoying themselves their time spent in the hospital goes by much faster.

Marissa E. Ruhl: Marissa began volunteering with mentally disabled children through the Camp Munroe Meyer Institute in 2007. Since then she has earned over 200 community service hours by volunteering through church activities and tutoring opportunities through school. Marissa did her senior project at Westside on Autism Awareness with the hope that it will encourage people to volunteer and give back by helping those diagnosed with Autism.

Ian Suiter: Ian has been a counselor assistant since 2006 for the University of Nebraska at Omaha Aim for the Stars, (a summer camp program) held at the Durham Science Center. He designed and taught a curriculum about ecology, energy efficiency and environmental conservation. Spring of 2009, Ian created a Going Green curriculum entitled "Treading Lightly" then taught the camp at the approval of the U.N.O. Aim for the Stars Science Camp Director.



VILLAGE
POINTE.

Management

Vice President: Jaime Hann

Email: jhann@fnni.com

Village Point Vibes:

When: Every Saturday in the Summer from 6:00pm to 9:00pm

Where: Village Point Vibes

Contact: JR Rother at rrother@fnni.com

Mark your calendars for joining us Saturday for some outdoor music at the Village Point Summer Concert Series. The Omaha Jaycees volunteer gets to sit in nice seating and listen to music. Our only responsibility is to stop anyone walking out of the "beer garden" with a drink. No pressure "happy security."

More information and sign up for volunteering on the Omaha Jaycees' Website!

May 29th: D'Funk (Funk, R&B, Current Hits)

June 5th: Soul Dawg (Funk, Dance Tunes)

June 12th: High Heel (Classic & Current Pop Hits)

June 19th: CowboyUp! Band (Classic Country & So. Rock)

June 26th: Jazz on the Pointe featuring Joseph Vincelli

July 3rd: Quartus (Rock, Blues, Reggae Pop)

July 10th: Bullseye (Classic Country, Rock & Current Hits)

July 17th: The Vybe (Top 40 Dance & Rock Hits)

July 24th: The Innocence (Rock, Country, Blues, Jazz)

July 31st: Wise Guys (Rock & Roll, R&B)

Aug 7th: Tunafish Jones (Mix of R&B, Jazz & Soul)

Aug 14th: Chris Saub (Pop Melodies w/ Blues & Jazz)

Aug 21st: On the Fritz (New & Classic Rock)

Aug 28th: The Personics (70's, 80's & Today's Fun Rock)

VILLAGE
POINTE.



Volunteer at the Cox Classic

Questions: Contact Tim Lens at tmlens@yahoo.com

Volunteers MUST attend the May GMM in order to receive training and your benefits (see below).

Volunteer sign-up at BOTH these locations:

- Cox Volunteer Website: <http://www.coxclassic.com/volunteers.aspx> (Be sure to indicate the charity being the Jaycees and that the Jaycees will assign you).
- Omaha Jaycees Website: www.omahajaycees.org (Indicate your shift preference in the Calendar of Events).

It costs \$45 to be a volunteer at the 2010 Cox Classic presented by Lexus of Omaha. (PGA TOUR standards require all volunteers to have a standard dress.)

Benefits of volunteering:

1. Volunteers will receive the official uniform required by the PGA TOUR (Cox Classic Polo and hat, \$60 value)
2. Meal provided per shift worked
3. Free parking and shuttle ride
4. Weekly volunteer badge (\$40 value)
5. An extra weekly grounds pass for family/friend (\$40 value)

Sign-up NOW!!

Volunteers registered with Cox Classic BEFORE May 15th, will have guaranteed T-Shirt sizes available.

Community Service

Vice President: Amy Eggers
Email: aceggers@hotmail.com

Special Olympic Village

When: Saturday, May 22nd 2010
Where: Benson Track and Field
Contact Person: Rachel Lewis at
Rachel.lewis@ameristar.com

The Special Olympics Nebraska has a state track meet every year. We set up a "village" where the athletes can play games and win prizes in between competitions. The volunteers will be running the games and handing out the prizes. If we get enough people we will have two people at each tent. It is casual dress as we will be outside so be prepared for the weather.

Spring Cleaning

Contact Person: Amy Eggers aceggers@hotmail.com
Go through your closets, clean out the "gently" used items that you no longer wear or used, and donate them! Women's clothing will be donated to the Lydia House. Men's clothing will be donated to the Open Door Mission. Please separate and mark clothing as Men's or Women's. Drop off points include:
May GMM on May 12th.
Women Who Wine on May 20th.
Amy Egger's home (contact for directions).

Membership

Vice President: Molly Woodworth
Email: clarkson_molly@yahoo.com

Murder Mystery Social

When: May 22nd, 2010
RSVP to attend with Molly at clarkson_molly@yahoo.com
Do you have what it takes to put the clues together to unravel the mystery. A dead body lays on the floor and the room is filled with clues. Come join us for dinner and a murder case to solve.

Friday Afterwork Clubs:

When: Last Friday every Month
The Friday Afterwork Club (FAC) is a long-standing favorite of the Omaha Jaycees. Meet together the last Friday every month for happy hour. It's a laid back atmosphere where guests, new members, experienced members are able to share a drink and socialize. Questions or RSVP to attend with Molly at clarkson_molly@yahoo.com.

SkateDaze

When: Friday, May 28th at 7:30pm
Where: Skate Daze 3616 S 132nd St
Going back to the days of youth, should be an amusing experience. See if you still remember how to skate or dust off those old skating skills.

Know someone interested in joining The Jaycees?

Membership Dues are \$65 yearly.

Members of the Omaha Jaycees get:

- *Free membership in the US Chamber of Commerce.*
- *Networking opportunities with other young professionals in Omaha.*
- *Connections with people all over the world in Jaycees International (JCI)*
- *Leadership Conferences all over Nebraska and the US.*
- *Numerous volunteer opportunities in the Omaha-Metro area.*
- *Discounts on car rentals, drug prescriptions, insurance, cell phones, and promotional products for your company.*
- *Leadership opportunities in the Jaycees to learn career-enhancing skills (e.g., management experience, marketing, project management).*

Go to www.Omahajaycees.org for more information and to join!

Individual Development

Vice President: John McDermott

Email: JD_McDermott1@msn.com

What did you miss last month?

At last month's GMM, we visited with Jennifer Bryson, Certified Mortgage Planner for First National Bank. Her presentation on what is your credit score, what goes into your credit score, and how to improve your credit score soon turned into a dynamic question and answer period with all those attended. Questions included: how many credit cards should one have to optimize your credit score, what type of loans or credit cards are the best to have when improving your credit score, what other things do lenders look at besides the credit score, do apartment landlords or mortgage companies report payments to the credit bureau, and many, many more fascinating questions!

Visit the Joslyn Art Gallery!

When: May 12th at 6:00pm

General Membership Meeting is 1 WEEK EARLY!!

Where: Joslyn Art Gallery

Come join the Omaha Jaycees for our monthly meeting followed by a private tour of exhibits at the Joslyn Art Gallery. Jaycee members, guests, and YAP members don't have to pay the admission price this evening.

June GMM at Prestige Lounge

When: June 16th, 2010 at 6:00pm.

Where: Prestige Lounge

For the kick off of the Biggest Loser (See Below) we will have someone from Prairie Life Fitness come speak to help us know what steps we can take to meet our weight loss goals.

July GMM: Cox Classic

When: July 14th at 6:00pm

Where: McKenna's

This meeting is mandatory for all volunteers for the Cox Classic. Volunteers will receive their T-Shirts, hats, grounds passes, and instructions on volunteering at the greatest golf tournament in Omaha!

Biggest Loser Challenge!

Contact Person: John McDermott

Just like the television show, you too can challenge yourself to become healthier by losing those unwanted pounds. John will give us more information at the May GMM, and the weigh-in's will begin at the June GMM. Biggest PERCENTAGE of weight loss by October will be crowned the "Biggest Loser!" More information to come!!

Cooking 101

When: June 6th, 2010

Where: Rachel Lewis's Home

Contact People:

Rachel Lewis: rachel.lewis@ameristar.com

Molly Woodworth: clarkson_molly@yahoo.com

Jennifer Falstad who attended the Metro Culinary School is going to teach us about cooking tools, safety, easy appetizers and a yet to be decided dish.

World Food Tour!

Each month I will find a different foreign food restaurants for the group to go to and try that Nationalities cuisine. The plan is to go mostly to mom and pop or hole-in-the-wall establishments when possible. Most people are somewhat reluctant to try new things by themselves so this would give people the support and encouragement needed to do so. Below is some information that will be shared regarding the culture of the month.

May 9th New Gold Mountain 15505 Ruggles St,

May 23rd: Zum Biergarten 513 Fort Crook Road N

Joslyn Art Museum's Young Art Patrons

(Sponsor of our May GMM)

YAP offers engaging social and educational events for a rising generation of art admirers between the ages of 25 and 40. Events emphasize the richness of the Museum's special exhibitions and collections, provide exposure to a variety of music programs, and feature privileged access to the Museum's staff and board. Young Art Patrons provides a more involved Museum experience designed to foster a lifelong commitment to the arts.

Check it out at:

<http://www.joslyn.org/Join/YAP.aspx>

Road Trips!

President: Tami McDowell

Email: Celtic_Myst_99@hotmail.com

I LOVE to travel and visit other places. I will be going to Jaycee conventions and projects of other chapters. This is a GREAT opportunity to meet other Jaycees, see other communities, and get some insight on what other chapters are doing. Please join me on some little adventures (Travel expenses do apply). Here is where my little travel journal is taking me next:

National Convention in New Orleans!

When: June 2nd to June 6th

Come attend the National Convention in New Orleans. We have 1 spot open in the "Omaha Room." Check this out for more information:

Region Meeting in York, NE

When: June 19th

Meet other Jaycees from around the region. Great way to network and find out what other chapters in the immediate area are doing.

Redneck Games in York, NE

When: June 19th

Yes, you read that correctly! I have no idea what I am getting into on this trip, but it sounds "interesting." Looking for some REALLY adventurous buddies on this trip. Are you up for something different?

State Convention in Lincoln, NE

When: July 16th to 18th

2nd Quarter Convention is "All About You!"

The Omaha Jaycees usually reserves 1 room and we can carpool down to Lincoln...or you can drive down at your leisure.

Jaycees Creed

*That faith in God gives meaning and
purpose to human life.
That the brotherhood of men
transcends the sovereignty of nations.
That economic justice can best be won
by free men through free enterprise.
That government should be of laws
rather than of men
That earth's great treasure lies in
human personality.
And that service to humanity is the best
work of life.*

May 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 State Convention
2 State Convention Kearney TOYO Teens Ceremony	3	4	5 Exec Meeting Board Meeting	6	7	8
9 World Food Tour	10	11	12 GMM: Joslyn Museum	13	14	15
16	17	18	19	20 FNB Meeting	21 FNB Social	22 Special Olympics Village Murder Mystery Social
23 World Food Tour	24	25 Transmittals Due	26	27	28 FAC: Skate Daze	29 Village Pt. Vibes
30 Project Proposals Due	31 Memorial Day					

June 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Exec Meeting	3 National Convention	4 National Convention	5 National Convention. World Food Tour Village Pt. Vibes
6 Cooking 101	7	8	9 Board Meeting	10	11 Taste of Omaha	12 Village Pt. Vibes Taste of Omaha
13 Taste of Omaha	14	15	16 GMM	17 FNB Meeting	18 FNB Social	19 CWS World Food Tour Village Pt. Vibes
20 CWS	21 CWS	22 CWS	23 CWS	24 CWS	25 CWS FAC: Shakespeare on the Green	26 Village Pt. Vibes CWS
27 Project Proposals Due CWS	28 CWS	29 CWS	30 CWS Exec Meeting			

